

Since some Community Events are being canceled or rescheduled due to COVID-19, *Colorado Country Life* went on an online scavenger hunt to find ways to be entertained while social distancing. **We hope you'll enjoy our list of VIRTUAL SANITY SAVERS!** *(We are doing our best to keep the calendar up-to-date at coloradocountrylife.coop/community-events/)*



Kids' Corner

Salida Circus Social Distancing Extravaganza

A team of tutors are creating videos to help kids learn new tricks such as unicycling, juggling, contortion and acrobats. Free, but donations are greatly appreciated. facebook.com/salidacircusoutreachfoundation/

Cosmic Kids

Yoga for the young ones. youtube.com/user/CosmicKidsYoga

Food Network

Cook with your kids and Food Network. foodnetwork.com/recipes/packages/recipes-for-kids/cooking-with-kids

Homeschool Hideout

Offers some suggestions on animal-inspired educational shows on Netflix. homeschoolhideout.com/educational-shows-on-netflix/

Imagination Library "Goodnight with Dolly"

Dolly Parton's series features the star herself reading children's books. youtube.com/user/imaginationlibrary



Stay Active

Grace Yoga, Loveland

Take a virtual yoga class on Zoom for \$10 per class. lovegraceyoga.com/schedule/

CAMBIO, Colorado Springs

A variety of virtual classes on Zoom. cambioyoga.com/health

Mindstream Yoga, Fort Collins

Free online classes. mindstreamyoga.com/online-classes

Caeleb Dressel's Corentine

The Olympian offers core workout YouTube videos. youtube.com/user/JuneBat

Durango Sports Club, Durango

A variety of live classes while they're closed. Non-members can get passes for \$25 per week. durangosportsclub.com/

Durango Dance, Durango

Dance classes for all ages, for a fee. durangodance.com/

Dance Wonderland, Colorado Springs

Virtual group classes and private lessons. dancewonderland.com/



Entertainment

ComedyQuarantine

Live shows on Instagram by comics whose shows were canceled due to COVID-19. instagram.com/comedyquarantine/?hl=en

Devotchka

A unique multi-instrumental and vocal music group has a great variety of YouTube videos. youtube.com/user/Devotchka



National Park Virtual Vacations

Presented by Google Arts & Culture

Kenai Fjords National Park, Alaska

artsandculture.withgoogle.com/en-us/national-parks-service/kenai-fjords/exit-glacier-tour

Hawai'i Volcanoes National Park, Hawaii

artsandculture.withgoogle.com/en-us/national-parks-service/hawaii-volcanoes/nahuku-lava-tube-tour

Carlsbad Caverns National Park, New Mexico

artsandculture.withgoogle.com/en-us/national-parks-service/carlsbad-caverns/natural-entrance-tour

Bryce Canyon National Park, Utah

artsandculture.withgoogle.com/en-us/national-parks-service/bryce-canyon/sunset-point-tour

Dry Tortugas National Park, Florida

artsandculture.withgoogle.com/en-us/national-parks-service/dry-tortugas/near-little-africa-tour



Podcasts

Find these podcasts on Apple Podcasts, Google Play, online and/or other podcast platforms.

Colorado Cold Case

Presented by *The Colorado Springs Gazette*, this podcast is about unsolved Colorado murder cases. Listener discretion advised.

Colorado Matters

Presented by Colorado Public Radio, this podcast focuses on Colorado's people, issues and ideas.

Colorado Experience

A historical documentary series on the people, places and events that helped form Colorado.

The OutThere Colorado Podcast

Covers a wide range of outdoor recreation topics. Some topics require listener discretion.



Bits and Pieces

Various virtual ways to pique your interests

Pueblo Live Creative Studios, Pueblo

Artists around the community post interactive and inspirational videos to spark at-home creativity. facebook.com/PuebloArts/

Skratch Labs, Boulder

Read articles or watch videos on a wide range of topics, such as recipes; life skills; science; how to wrap a rice cake; gravel bike setup, tips and recommendations; and more. blog.skratchlabs.com/

Nature & Wildlife Discovery Center, Beulah

Support this Colorado outdoor recreation area and subscribe to its YouTube channel where videos await your viewing pleasure. youtube.com/channel/UCKISiRpOkopKVt0IVEiHYsw

The Hairald Hair Hacks from Floyd's Barbershop

If you're nervous about cutting your loved ones' hair while self-isolating, this series will give you lots of hilarious and practical advice to do so. Search "The Hairald Hair Hacks" on YouTube